

Sports First Aid Kit – Comprehensive Team Supplies	B19
---	------------

- ◇ Suitable for senior sporting teams.
- ◇ **Elevated risk of injury occurs in team sports.**
- ◇ **Minor injuries constitute around 86.5% and Major/More Severe injuries constitute around 5% of all injury presentations.**



Item	Qty	Use
Adhesive Dressing Strip – 6cm x 1 mtr	1	Minor wound cover – cut to suit.
Adhesive Shapes Mixed - Finger/Knuckle	12	Minor wound cover
Adhesive Strips – Fabric	50	Minor wound cover
Antiseptic Wipes - Cetrimide	10	Wound cleaning.
Bag - Plastic (small)	3	For soiled dressings.
Bandage – Crepe 5cm	1	Hospital quality for securing dressings.
Bandage – Crepe 7.5cm	2	Hospital quality for securing dressings.
Bandage – Crepe 10cm	1	Hospital quality for securing dressings..
Bandage – Heavy Crepe 10cm	1	Heavy duty for securing dressings.
Bandage – Triangular 110 x 110 cm	2	As a sling and/or wound padding.
Cold Spray - 250gm Can	1	Reduces swelling/pain.
Dressing – Combine Pad 9 x 20cm	2	Wound cover pad.
Dressing – Non Adhesive 7.5 x 7.5 cm	4	Wound cover dressing.
Dressing – Non-adhesive 10 x 7.5 cm	4	Wound cover dressing.
Dressing – Wound No. 15	1	Cover/padding for serious bleeding.
Eye Pad	2	Emergency eye cover.
Eyewash Saline – 15ml Ampoule	5	Eye and/or wound irrigation
First Aid Instructions	1	First aid information.
Forceps - Plastic	4	Handling dressings.
Gloves Latex - Large (pair)	5	Cross infection protection.
Resuscitation - Resus-O-Mask Faceshield	1	Resuscitation hygiene.
Safety Pins	10	Secure bandages/dressings
Scissors - Sharp/Blunt	1	Cutting bandages and/or tape.
Splinter Probes - Disposable	5	Removal of splinters.
Swabs - Gauze 7.5 x 7.5cm (Pkt 3)	5	Wound cleaning.
Swabs - Alcohol	5	For cleaning of instruments.
Tape - Hypo- Allergenic 2.5cm	1	Secure dressings.
Tape - Zinc Oxide 2.5cm	1	Stronger tape - securing dressings.
Thermal Accident Blanket	1	Retains body warmth.
Towels – Disposable	3	Mopping up/drying hands.
Wound Closure Strips 76 x 4mm (Pkt. 4)	2	Adhesive sutures e.g. cuts above eye.

The contents of kits may vary slightly from time-to-time, but the applicability of each kit to its purpose will remain.